

## METRO TORONTO CONVENTION CENTRE, TORONTO · AUGUST 19 - 22, 2004

CODE#: 040820

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Friday, August 20		Audio	
2005 - Myths, Negative Stereotypes & Ageism in Contemporary Society:	050	\$15	
Implications for Health and Exercise Professionals COLIN MILNER 2011 -The Mind Body Fitness for Women Over 40 MAUREEN HAGAN &			
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(And What It Means to Your Business) FRANK NAPOLITANO	300	φισ	
2228 - Programming for Profit and Retention SANDY COFFMAN	400	\$15	
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Saturday, August 21			
3005 - Gait Analysis for the Elderly MICHAEL JENNIEX	570	\$15	
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DOUGLAS BROOKS			
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Older Adults KAY VAN NORMAN	710-2	\$15	
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bout It DOTTIE DRAKE	720	\$15
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ERRY FEREBEE ECKMANN	970	\$15
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unday, August 22		
002 - Cardiovascular Training Recipes for your Client DOUGLAS BROOKS	1210	\$15
		\$15
000 7 Deadly Sine of Dereonal Trainers MAUREEN HACEN & KEN MCCILL	1/2/201	
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021 - Physical Activity – For the Health of It! DR. GREG ANDERSON	1250	\$15
021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 022 - The Pregnant Athlete MARJORIE O'CONNOR	1250 1260	\$15 \$15
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021 - Physical Activity – For the Health of It! <i>DR. GREG ANDERSON</i> 022 - The Pregnant Athlete <i>MARJORIE O'CONNOR</i> 023 The Winnie the Pooh Approach to Wellness <i>HELEN TERRY</i> 101 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool	1250 1260 1270	\$15 \$15 \$15
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D21 - Physical Activity – For the Health of It! DR. GREG ANDERSON D22 - The Pregnant Athlete MARJORIE O'CONNOR D23 The Winnie the Pooh Approach to Wellness HELEN TERRY D11 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool TEPHANE BENSOUSSAN	1250 1260 1270 1280-3 4 Audios	\$15 \$15 \$15 \$15 \$60
021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 022 - The Pregnant Athlete MARJORIE O'CONNOR 023 The Winnie the Pooh Approach to Wellness HELEN TERRY 011 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool TEPHANE BENSOUSSAN 002 - Building an Outrageously Profitable Personal Training Business	1250 1260 1270 1280-3 4 Audios	\$15 \$15 \$15
021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 022 - The Pregnant Athlete MARJORIE O'CONNOR 023 The Winnie the Pooh Approach to Wellness HELEN TERRY 101 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool TEPHANE BENSOUSSAN 102 - Building an Outrageously Profitable Personal Training Business UCHAEL SCOTT SCUDDER	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios	\$15 \$15 \$15 \$15 \$60 \$45
D21 - Physical Activity – For the Health of It! DR. GREG ANDERSON D22 - The Pregnant Athlete MARJORIE O'CONNOR D23 The Winnie the Pooh Approach to Wellness HELEN TERRY O11 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool TEPHANE BENSOUSSAN O2 - Building an Outrageously Profitable Personal Training Business ICHAEL SCOTT SCUDDER O3 - Aging and Exercise TERRY FEREBEE-ECKMANN	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1300	\$15 \$15 \$15 \$15 \$60 \$45 \$15
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D21 - Physical Activity – For the Health of It! DR. GREG ANDERSON D22 - The Pregnant Athlete MARJORIE O'CONNOR D23 The Winnie the Pooh Approach to Wellness HELEN TERRY D11 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool TEPHANE BENSOUSSAN D102 - Building an Outrageously Profitable Personal Training Business ICHAEL SCOTT SCUDDER D103 - Aging and Exercise TERRY FEREBEE-ECKMANN D110 - Case Studies in Personal Training ALEX & SHERRI MCMILLAN D113 - Exercise Adherence: From Research to Reality NATHALIE LACOMBE	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1300 1320 1340	\$15 \$15 \$15 \$60 \$45 \$15 \$15 \$15 \$15
021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 022 - The Pregnant Athlete MARJORIE O'CONNOR 023 The Winnie the Pooh Approach to Wellness HELEN TERRY 101 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool TEPHANE BENSOUSSAN 102 - Building an Outrageously Profitable Personal Training Business ICHAEL SCOTT SCUDDER 103 - Aging and Exercise TERRY FEREBEE-ECKMANN 110 - Case Studies in Personal Training ALEX & SHERRI MCMILLAN 113 - Exercise Adherence: From Research to Reality NATHALIE LACOMBE 117 - How to do a "Dazzling" Presentation LEN KRAVITZ	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1300 1320 1340 1350	\$15 \$15 \$15 \$60 \$45 \$15 \$15 \$15 \$15 \$15 \$15
021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 022 - The Pregnant Athlete MARJORIE O'CONNOR 023 The Winnie the Pooh Approach to Wellness HELEN TERRY 101 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool TEPHANE BENSOUSSAN 102 - Building an Outrageously Profitable Personal Training Business ICHAEL SCOTT SCUDDER 103 - Aging and Exercise TERRY FEREBEE-ECKMANN 110 - Case Studies in Personal Training ALEX & SHERRI MCMILLAN 113 - Exercise Adherence: From Research to Reality NATHALIE LACOMBE 117 - How to do a "Dazzling" Presentation LEN KRAVITZ	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1300 1320 1340 1350 1360	\$15 \$15 \$15 \$60 \$45 \$15 \$15 \$15 \$15
021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 022 - The Pregnant Athlete MARJORIE O'CONNOR 023 The Winnie the Pooh Approach to Wellness HELEN TERRY 101 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool TEPHANE BENSOUSSAN 102 - Building an Outrageously Profitable Personal Training Business ICHAEL SCOTT SCUDDER 103 - Aging and Exercise TERRY FEREBEE-ECKMANN 110 - Case Studies in Personal Training ALEX & SHERRI MCMILLAN 113 - Exercise Adherence: From Research to Reality NATHALIE LACOMBE 117 - How to do a "Dazzling" Presentation LEN KRAVITZ 118 - How to Train Your Client for a Sprint Triathlon SHELDON PERSAD	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1300 1320 1340 1350 1360 1370-1	\$15 \$15 \$15 \$60 \$45 \$15 \$15 \$15 \$15 \$15 \$15 \$15
021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 022 - The Pregnant Athlete MARJORIE O'CONNOR 023 The Winnie the Pooh Approach to Wellness HELEN TERRY 101 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool TEPHANE BENSOUSSAN 102 - Building an Outrageously Profitable Personal Training Business ICHAEL SCOTT SCUDDER 103 - Aging and Exercise TERRY FEREBEE-ECKMANN 1101 - Case Studies in Personal Training ALEX & SHERRI MCMILLAN 1113 - Exercise Adherence: From Research to Reality NATHALIE LACOMBE 1117 - How to do a "Dazzling" Presentation LEN KRAVITZ 1118 - How to Train Your Client for a Sprint Triathlon SHELDON PERSAD 119 - Is Stress Making Your Pants Tight? PAUL CHEK	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1300 1320 1340 1350 1360 1370-1 2 Audios	\$15 \$15 \$15 \$60 \$45 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$1
1021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 1022 - The Pregnant Athlete MARJORIE O'CONNOR 1023 The Winnie the Pooh Approach to Wellness HELEN TERRY 1011 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool 102 - Building an Outrageously Profitable Personal Training Business 102 - Building an Outrageously Profitable Personal Training Business 103 - Aging and Exercise TERRY FEREBEE-ECKMANN 104 - Case Studies in Personal Training ALEX & SHERRI MCMILLAN 115 - Exercise Adherence: From Research to Reality NATHALIE LACOMBE 117 - How to do a "Dazzling" Presentation LEN KRAVITZ 118 - How to Train Your Client for a Sprint Triathlon SHELDON PERSAD 119 - Is Stress Making Your Pants Tight? PAUL CHEK 122 - Pre & Post Rehab Panel Discussion T. KANE, DR. K. KINAKIN, P. TWIST	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1300 1320 1340 1350 1360 1370-1	\$15 \$15 \$15 \$60 \$45 \$15 \$15 \$15 \$15 \$15 \$15 \$15
1021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 1022 - The Pregnant Athlete MARJORIE O'CONNOR 1023 The Winnie the Pooh Approach to Wellness HELEN TERRY 1011 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool 102 - Building an Outrageously Profitable Personal Training Business 102 - Building an Outrageously Profitable Personal Training Business 103 - Aging and Exercise TERRY FEREBEE-ECKMANN 110 - Case Studies in Personal Training ALEX & SHERRI MCMILLAN 113 - Exercise Adherence: From Research to Reality NATHALIE LACOMBE 117 - How to do a "Dazzling" Presentation LEN KRAVITZ 118 - How to Train Your Client for a Sprint Triathlon SHELDON PERSAD 119 - Is Stress Making Your Pants Tight? PAUL CHEK 122 - Pre & Post Rehab Panel Discussion T. KANE, DR. K. KINAKIN, P. TWIST 1202 - Progressional Strength Training in the Senior Population-Upper Body	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1320 1340 1350 1360 1370-1 2 Audios	\$15 \$15 \$15 \$15 \$60 \$45 \$15 \$15 \$15 \$15 \$15 \$30 \$30
1021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 1022 - The Pregnant Athlete MARJORIE O'CONNOR 1023 The Winnie the Pooh Approach to Wellness HELEN TERRY 1011 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool 102 - Building an Outrageously Profitable Personal Training Business 102 - Building an Outrageously Profitable Personal Training Business 103 - Aging and Exercise TERRY FEREBEE-ECKMANN 110 - Case Studies in Personal Training ALEX & SHERRI MCMILLAN 113 - Exercise Adherence: From Research to Reality NATHALIE LACOMBE 117 - How to do a "Dazzling" Presentation LEN KRAVITZ 118 - How to Train Your Client for a Sprint Triathlon SHELDON PERSAD 119 - Is Stress Making Your Pants Tight? PAUL CHEK 122 - Pre & Post Rehab Panel Discussion T. KANE, DR. K. KINAKIN, P. TWIST 1202 - Progressional Strength Training in the Senior Population-Upper Body	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1300 1320 1340 1350 1360 1370-1 2 Audios 1390-1	\$15 \$15 \$15 \$60 \$45 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$1
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1021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 1022 - The Pregnant Athlete MARJORIE O'CONNOR 1023 The Winnie the Pooh Approach to Wellness HELEN TERRY 1011 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool 1012 - Building an Outrageously Profitable Personal Training Business 1023 - Aging and Exercise TERRY FEREBEE-ECKMANN 1030 - Aging and Exercise TERRY FEREBEE-ECKMANN 1031 - Case Studies in Personal Training ALEX & SHERRI MCMILLAN 1131 - Exercise Adherence: From Research to Reality NATHALIE LACOMBE 1171 - How to do a "Dazzling" Presentation LEN KRAVITZ 1181 - How to Train Your Client for a Sprint Triathlon SHELDON PERSAD 1191 - Is Stress Making Your Pants Tight? PAUL CHEK 1222 - Pre & Post Rehab Panel Discussion T. KANE, DR. K. KINAKIN, P. TWIST 1202 - Progressional Strength Training in the Senior Population-Upper Body 1214 - Muscle Activation Techniques DEV CHATTERJEE	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1300 1320 1340 1350 1360 1370-1 2 Audios 1390-1	\$15 \$15 \$15 \$15 \$60 \$45 \$15 \$15 \$15 \$15 \$15 \$30 \$30
1021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 1022 - The Pregnant Athlete MARJORIE O'CONNOR 1023 The Winnie the Pooh Approach to Wellness HELEN TERRY 1011 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool 1012 - Building an Outrageously Profitable Personal Training Business 1023 - Aging and Exercise TERRY FEREBEE-ECKMANN 1030 - Aging and Exercise TERRY FEREBEE-ECKMANN 1031 - Case Studies in Personal Training ALEX & SHERRI MCMILLAN 1131 - Exercise Adherence: From Research to Reality NATHALIE LACOMBE 1171 - How to do a "Dazzling" Presentation LEN KRAVITZ 1181 - How to Train Your Client for a Sprint Triathlon SHELDON PERSAD 1191 - Is Stress Making Your Pants Tight? PAUL CHEK 1222 - Pre & Post Rehab Panel Discussion T. KANE, DR. K. KINAKIN, P. TWIST 1202 - Progressional Strength Training in the Senior Population-Upper Body 1214 - Muscle Activation Techniques DEV CHATTERJEE	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1300 1320 1340 1350 1360 1370-1 2 Audios 1390-1 1400-2 3 Audios	\$15 \$15 \$15 \$60 \$45 \$15 \$15 \$15 \$15 \$15 \$15 \$30 \$30 \$45 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$1
1021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 1022 - The Pregnant Athlete MARJORIE O'CONNOR 1023 The Winnie the Pooh Approach to Wellness HELEN TERRY 1011 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool 102 - Building an Outrageously Profitable Personal Training Business 103 - Aging and Exercise TERRY FEREBEE-ECKMANN 104 - Case Studies in Personal Training ALEX & SHERRI MCMILLAN 115 - Exercise Adherence: From Research to Reality NATHALIE LACOMBE 117 - How to do a "Dazzling" Presentation LEN KRAVITZ 118 - How to Train Your Client for a Sprint Triathlon SHELDON PERSAD 119 - Is Stress Making Your Pants Tight? PAUL CHEK 122 - Pre & Post Rehab Panel Discussion T. KANE, DR. K. KINAKIN, P. TWIST 1202 - Progressional Strength Training in the Senior Population-Upper Body 121 - Muscle Activation Techniques DEV CHATTERJEE 122 - Muscle Activation Techniques DEV CHATTERJEE 122 - The Healing Power of Laughter PEGGY CLELAND	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1300 1320 1340 1350 1360 1370-1 2 Audios 1390-1 1400-2 3 Audios	\$15 \$15 \$15 \$60 \$45 \$15 \$15 \$15 \$15 \$15 \$30 \$30 \$45 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$1
D21 - Physical Activity – For the Health of It! DR. GREG ANDERSON D22 - The Pregnant Athlete MARJORIE O'CONNOR D23 The Winnie the Pooh Approach to Wellness HELEN TERRY D101 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool TEPHANE BENSOUSSAN D102 - Building an Outrageously Profitable Personal Training Business UCHAEL SCOTT SCUDDER D103 - Aging and Exercise TERRY FEREBEE-ECKMANN D110 - Case Studies in Personal Training ALEX & SHERRI MCMILLAN D113 - Exercise Adherence: From Research to Reality NATHALIE LACOMBE D117 - How to do a "Dazzling" Presentation LEN KRAVITZ D118 - How to Train Your Client for a Sprint Triathlon SHELDON PERSAD D119 - Is Stress Making Your Pants Tight? PAUL CHEK D120 - Progressional Strength Training in the Senior Population-Upper Body D130 - Mind & Body Awareness SUSAN WRIGHT D131 - Muscle Activation Techniques DEV CHATTERJEE D132 - The Healing Power of Laughter PEGGY CLELAND	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1300 1320 1340 1350 1360 1370-1 2 Audios 1390-1 1400-2 3 Audios	\$15 \$15 \$15 \$60 \$45 \$15 \$15 \$15 \$15 \$15 \$15 \$30 \$30 \$45 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$1
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021 - Physical Activity – For the Health of It! DR. GREG ANDERSON 022 - The Pregnant Athlete MARJORIE O'CONNOR 023 The Winnie the Pooh Approach to Wellness HELEN TERRY 101 - Tune Into Your Intuition - Applied Kinesiology as a Healing Tool TEPHANE BENSOUSSAN 102 - Building an Outrageously Profitable Personal Training Business IICHAEL SCOTT SCUDDER 103 - Aging and Exercise TERRY FEREBEE-ECKMANN 110 - Case Studies in Personal Training ALEX & SHERRI MCMILLAN 113 - Exercise Adherence: From Research to Reality NATHALIE LACOMBE 117 - How to do a "Dazzling" Presentation LEN KRAVITZ 118 - How to Train Your Client for a Sprint Triathlon SHELDON PERSAD 119 - Is Stress Making Your Pants Tight? PAUL CHEK 122 - Pre & Post Rehab Panel Discussion T. KANE, DR. K. KINAKIN, P. TWIST 1202 - Progressional Strength Training in the Senior Population-Upper Body 121 art 1 Lower Body Part 2 MICHAEL JENNIEX 122 - Muscle Activation Techniques DEV CHATTERJEE 122 - Muscle Activation Techniques DEV CHATTERJEE 122 - Training for Clients with Chronic Diseases MICHAEL YOUSSOUF 123 - Your Big Break: How to Become a Fitness Presenter 14ARON DONALDSON 1306 - Characteristics & Life Expectancies of Top Personal Trainers 14ARON DONALDSON 1507 - Instinctual Fitness MARLA ERICKSEN 1508 - Complete set of Conference CD's (including storage album) 1619 - International Shipping (Outside Canada) @ \$15	1250 1260 1270 1280-3 4 Audios 1290-2 3 Audios 1300 1320 1340 1350 1360 1370-1 2 Audios 1390-1 1400-2 3 Audios 1410 1430 1450 1460-1 2 Audios 1470 1480 1490 CON	\$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15 \$15
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